

Senior Handicap Points

(last revised 08:12, 20/10/2025)

Name	Proj. Time	Race Time	Diff	Next Proj Time	2 Mins Max	Total Points	Score Runs	SB Time	SB Points	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct
Not for your eyes - wait for Riverside Presentation Evening																			
Helen Leach	35:40	35:18	00:22	35:18	OK	275	7	35:18	30	1	1		28	35	34	40	33	40	33
Laura Cottrell	34:04			00:00	OK	272	7	33:52	20	40	32			34	29	45	45	27	
Janice Barnes	55:58	59:34	03:36	55:58	Exceed	250	8	55:58	10	31	30	32		27	26	34	34		26
Russ Hewitt	29:01	28:36	00:25	28:36	OK	248	8	28:34		35	35	34	34			27	25	24	34
Simon Green	34:30	32:57	01:33	32:57	OK	246	6	32:57	10			35		50	50		27	29	45
Trevor Hufford	40:43	40:06	00:37	40:06	OK	233	7	40:06	20			30	31	28	25	30		34	35
Scott Mathers	29:59			00:00	OK	227	8	30:46	10	30	26	29	27	25	28	28	24		
Jonathan Blows	37:48	37:54	00:06	37:50	OK	210	6	36:45			1	1	45	45	32	29		25	32
Di Leckie	41:34			41:34	OK	179	6	41:37		34		31	30	32	30			22	
Ann Ellmers	43:41			00:00	OK	129	4	43:35			29				35		35	30	
Andy Weaver	29:47	30:00	00:13	29:51	OK	125	4	29:53			31			33			30		31
Pam Hemingway	49:32			00:00	OK	121	4	49:24		1	28		29				28	35	
Maurice Hemingway	35:36			00:00	OK	121	4	35:24			34		32				29	26	
Katie Rush	38:53	40:44	01:51	39:21	OK	112	3	38:53			1				1		32	50	28
Diane Hufford	45:29	43:29	02:00	43:29	OK	111	3	43:29				1		1	27			32	50
Abigail Slater	36:06			00:00	OK	95	2	36:06		50	45								
Jessica Heaford	37:22			37:22	OK	65	2	37:22					1	1		40		23	
Nathalie Williams	36:55			00:00	OK	60	2	39:05		33	27								
Ben Goddard	33:30			00:00	OK	50	1	33:30			50								
Norma Leckie	45:05			00:00	OK	49	2	47:41						26	23				
Steve Deacon	01:02:57	01:09:41	06:44	01:02:57	Exceed	48	2	01:09:41									23		25
Laura Abbott	44:42			00:00	OK	47	1	44:35					1	1	45				
Chris Dowsett	34:27			00:00	OK	25	1	38:17			25								
Phil Redden	38:32			00:00	OK	2	0	38:32			1				1				
Julie Rowland	43:12			00:00	OK	1	-1	43:12			1								
Katlyn Staines	39:03			00:00	OK	1	-1	39:03		1									

Score Runs :

Green Box = Eligible for SB Bonuses

Red Box = Best 8 to count but still able to gain SB Bonuses

SB Points :

Yellow box = This month SB Bonus added